

Instrucciones paso a paso para Sutter Health pacientes: visitas por video desde su computadora

Paso 1. Inicie sesión en su cuenta de My Health Online desde el navegador web.

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← → C ☆ 🏻 mho.sutterhealth.org/i	ndex.html?fromURI=https%3a%2f%2fmyhealth	online%2esutterhealth%2eorg%2fmho%2f		
			ESPAÑOL	SIGN IN
Sutter Health				⊕ESPAÑOL
My Health Online / Welcome				
Sign In To My Health Online	Login ID:	Password:	SIGN IN	
	Forgot Login ID?	Forgot Password?		
	STARTED ENROLLMENT AND HAVE YOU	R ACCESS CODE?		
	ACTIVATE HERE.			
	NOT ENROLLED?			
	SIGN UP NOW.			
My Health Online				
Convenience at your fingertips	Get Started - Enroll Today	Activate your Account	Pay a Bill	
Sutter's My Health Online connects over 1 million patients like you to	Stay connected with your doctors	Already started your enrollment	Pay as Guest allows spo	uses, family 🖕

Paso 2. Seleccione "Appointments and Visits" (Citas y visitas).





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Paso 3. Para ahorrar tiempo, realice el registro en AZ Arrival antes de su cita. Si no utilizó EZ Arrival, haga clic en "Details" (Detalles) 15 minutos antes de su visita.

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Sutter Health	Messages	Health Record	Appointments	Billing	Resources	ද Pr	Ö			Ver Gf Zi Lo	r en Es ztest ig Out	spañol	^
Appointment Details					÷	<		Octo	ober 2	020		>	
OCT Video Visit with Albert S Chan						S	М	т	W	т	F	S	
15 Starts at 2:00 PM PDT			V	eZ Arrival						1	2	3	
m				Details		4	5	6	7	8	9	10	
Reschedule appointment						11	12	13	14	15	16	17	
X Cancel appointment						18	19	20	21	22	23	24	
😤 Add to Calendar						25	26	27	28	29	30	31	
Cancel Appointment													

Paso 4. Se mostrarán los detalles de la visita por video. Si desea asegurarse de que su computadora personal está configurada correctamente para las visitas por video, puede hacer clic en "Test your hardware (camera, microphone, speaker)" [Probar su hardware (cámara, micrófono y parlantes)]. Cuando esté listo, haga clic en "Begin Video Visit" (Comenzar visita por video).

	It's time to start your video visit!				
Uideo Visit with MyChart Zztest, MD	Save time by completing eZ Arrival ahead of time. Begin Video Visit When you are ready to talk to your doctor, click the button.				
 Friday October 29, 2021 1:30 PM PDT Add to calendar 	Want an earlier time? Get on the Wait List To receive notifications about appointment updates, please <u>check your communication</u> <u>preferences</u> . Other actions you can take:				
× Cancel appointment	Visit Instructions Thank you for scheduling a Video Visit.				
	If you have any technical difficulty, call the My Health Online support team at 866-978-8837 . <u>Connect Using Your Mobile or Tablet</u> Download the My Health Online application to your smartphone or tablet via the app store (<u>Apple</u> or <u>Android</u>). If you've already downloaded MHO, make sure you're using the latest version.				
	Connect Using Your Computer If you have a computer with a webcam, you can connect to your video visit using a computer. Be sure to disable the pop-up blocker, otherwise you will encounter issues when trying to join the video visit.				
	Getting Ready View full instructions all steps before your visit, including the electronic "Consent to Care by Video" cruestionnaire. But law, your provider cap't proceed with a visit without this consent				



Paso 5. Si se le solicita, permita que su navegador acceda a la cámara y el micrófono de su dispositivo. Se realizará automáticamente una prueba de hardware y se le mostrarán los resultados. Si su hardware está configurado correctamente, verá esta pantalla; de lo contrario, se le pedirá que corrija los problemas. Para iniciar la visita por video, haga clic en "Join Call" (Unirse a la llamada).

Hardware lest: Success	
You're ready for your video call.	
Camera	ON
Integrated Camera (04f2:b52c)	
J. Microphone	ON
Microphone Array (Realtek High Definition Audio)	
Speaker	
Speaker/HP (Realtek High Definition Audio)	
Display Name	
Shana O'Connor	
🗖 Join Call	



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Paso 6. Si el proveedor todavía no se ha unido a la llamada, el paciente verá este mensaje:



¡Ya está todo listo! Una vez que el proveedor esté listo para la visita, se conectará la llamada.

